



Legacy Giving

*An act of kindness that
spans generations*

The Irish Catholic
2024 Autumn Legacy

Who will pass on the flame of faith?

A future where young people are exposed to the power of the Good News can be part of your legacy, help spread the light of the Gospel to future generations across Ireland by remembering *The Irish Catholic* in your Will.



The Irish Catholic

For more information about leaving a legacy to The Irish Catholic, please phone 01 687 4028 or email editor@irishcatholic.ie

“Everything is connected”: changing future generations’ fate with today’s farming techniques

Rising temperatures, endless droughts and devastating floods – an unrelenting cycle of extreme weather is pushing communities in Malawi into deadly hunger. But thanks to innovative new climate-smart farming techniques, local farmers can protect their families and livelihoods from the catastrophic effects of the climate crisis for years to come.

In the Neno District of Malawi, farmer and father, Kosimasi has been struggling with the increasing consequences of climate change for many years. Unprecedented levels of rainfall have eroded the land and swept away his fishing ponds – the source of his family’s food, income and security for the future. Poverty and the growing risk of life-threatening hunger became a terrifying reality.

Adapt, rebuild, thrive

Kosimasi knows that the rains will continue to come, and the land that generations of his family have relied on for their livelihood will continue to erode, with devastating impacts.

But with support, his whole community is now beginning to build resilience, and overcome the catastrophic effects of climate change. Kosimasi says, “We learned from Concern Worldwide that nature has changed and we should change our farms.”

Having worked in Malawi for 21 years, Concern’s climate-smart agriculture programmes have taught local farmers new irrigation methods and farming techniques, like how to dig swales and stabilise



Kosimasi, a fish farmer, stands in front of a pond in Samu village, Malawi, where he and his community are fighting the terrible effects of climate change. Photo: Chris Gagnon/Concern Worldwide

“Everything is connected. We are using the fish pond to irrigate our crops on the land, and we are using the same crops to make the feed for the fish. We are not devastating the environment, we are busy taking care of the environment.”

Kosimasi, Malawi

dams, to improve rainwater runoff. Essential tools, such as water drums and slashers, as well as solar panels, are helping to protect crops from soil erosion, increase harvest yields, and offer new opportunities for climate-resilient farming. By working with the environment, Kosimasi is building a positive, lasting connection between the land and the families that rely on it for food.

A global connection

Unfortunately, Kosimasi’s story is an all too familiar one. Around the world, millions of people are being impacted by changes to the climate and environment. In Malawi, where the land supports 80% of the population’s livelihoods, climate shocks such as floods and droughts are pushing people to the brink of survival.

Here in Ireland, the effects of the climate crisis are starting to become more evident, with increased rainfall and flooding. But in Malawi, where farmers like Kosimasi are on the climate frontline, adverse changes in climate are severely disrupting the natural balance of seasons that farmers have relied on for generations. Consecutive harvests are being destroyed, giving families no time to recover and no relief from the devastation.

As experts warn that more intense and more frequent droughts, floods

THE LASTING LEGACY OF TOOLS AND TRAINING

Through the generosity of legacy donors, Concern Worldwide is able to support vulnerable communities now and for years to come with the vital tools and training they need.



TECHNOLOGY

Rather than irrigating land by hand with buckets and cans, farmers can use solar powered water pumps and save time for other vital tasks.



IRRIGATION

Through innovative irrigation training, such as how to dig swales to protect dams, farmers can continue to grow crops, even during droughts.



TRAINING

With support, farmers are trained in organic fertiliser-making – a sustainable way to grow crops multiple times a year, with readily available products.

A growing impact

“Everything is connected,” Kosimasi beams, as he explains how he was able to make fertiliser for the beds of his fishing ponds. His ponds keep the land irrigated with nutrient-packed water, which helps to grow maize used to make fish feed. These new techniques have also meant Kosimasi can sell his fish and harvests at market, raising an income to build a new house for his family, and send his daughters to school. And, most importantly, his family is no longer hungry thanks to their improved diets.

A powerful and sustainable way to support Malawi is with a gift in your Will.

Through support from Irish donors, almost 40 farmers are now dedicated to conserving the Sayamika river and surrounding land, which means Kosimasi’s whole community is no longer at risk of deadly hunger.

A lasting legacy

For many of Ireland’s most compassionate people, playing a part in protecting the lives of future generations starts with leaving a gift in their Will. A crucial source of support, this life-saving gesture can give communities the training and tools they need to recover and adapt – and connect us all to a brighter future.

While climate change might be inevitable, through one act of kindness – choosing to leave a gift in your Will – you can make an extraordinary change. By leaving a legacy, you can help ensure every one has the tools and support they need to fight the effects of the climate crisis, so they can thrive in a world without hunger.

Discover how you can support families to adapt and survive. Together, we can fight for a future without deadly hunger.

“That my support will help create incredible change, even when I’m gone, makes me so proud.”

Eileen, Co. Limerick



In the past, the ponds Kosimasi and other farmers worked on would be swept away by flooding. Photo: Chris Gagnon/Concern Worldwide

Learn how you can help to protect families against climate change

To receive your free brochure about leaving a gift in your Will to Concern, please contact Siobhan O’Connor today.

Phone: 01 417 8020 **E-mail:** siobhan.oconnor@concern.net

CONCERN
worldwide

Registered Revenue Number: CHY 5745

Help bring healthcare where healthcare is not



Dualta Roughneen

I am writing this from the Mater hospital. I went in last week with a sore throat and a week later I am just on the verge of getting out. I have always been healthy. I don't think I have ever taken a sick-day in more than 25 years' of work. Until this week.

Now, don't get me wrong. I am fine now. But illness can put some perspective on life. I got an infection of the epiglottitis which, if not taken seriously, can become fatal because it can close your airways. I didn't get that far, but my wife was probably only a few hours from putting all she learned from Grey's Anatomy into an emergency tracheostomy.

Lessons

What I learned was two-fold:

First, there is the care and compassion of healthcare workers, but nurses in particular. They looked after me when I came mildly distressed with reassurance and calm, but I also watched them look after all the other patients – in A&E, in the high-dependency unit and general ward. In each place, they didn't just

look after the health needs of their patients, but so much more. They made calls for the man who just had a laryngectomy; they cleaned his wounds, dressed him – and did it all with tenderness. Health systems everywhere get a hard time – put the people who are there, every-day providing what really are corporal works of mercy, should never.

“If I was in Madagascar or Kenya, living in a rural area, getting the same sickness, can have a very, very different outcome”

The second thing I learned is how fortunate I am (we are) to be able to benefit from modern medicine. Being sick was not enjoyable at all but at least there was the benefit of pain relief when it was needed and the knowledge that antibiotics were probably going to resolve the issue eventually. I don't know what the prognosis may have been without antibiotics but the likelihood of fatality is much, much higher. And I appreciate the relief that comes when the pain medication kicks in – and the pain when it runs out.

In the places where CBM Ireland works to end the cycle of poverty and disability, access to modern, effective medicine is not guaranteed.

If I was in Madagascar or Kenya, living in a rural area, getting the same sickness, can have a very, very different outcome.

I wouldn't have an A&E to go in the first place; I wouldn't have access to antibiotics – or if there were some I would be paying a lot for them – if I could afford it; there may not even be a doctor that I could go to. I would have one choice really: just to see it through and hope for the best. Knowing what I know now about epiglottitis, that is not a prospect I would look forward to. It was hard enough with all the supports we have here in Ireland.

Reality

The realities of healthcare in the 'Global South' are stark for the majority of the people. The consequences of this are obvious: illness and death. But also there is acquired and avoidable disability. We don't often think of disability as something that can be acquired – or avoided – but it is. The man across the ward from me that had a laryngectomy. He can no longer speak. He has acquired a disability. But he may find a new voice through an assistive device – an artificial larynx.

Disability can be overcome in many ways – through medical assistance but often through adaptations in society.

Another patient in my ward had to have an amputation due to complications from diabetes. Another acquired disability. Diabetes can be very tough and lead to different

forms of disability – eyesight is particularly vulnerable. In Ireland, we can identify, treat and minimise the risk.

In places like Zimbabwe there are fewer options. The outcome is much, much more likely to be stark. Amputations due to poor healthcare and treatment, not just through diabetes, are commonplace. It often happens out of necessity to save lives. But once that is done, there are few options for the amputee to re-engage in society. It is hard to find work. It is hard to get prostheses and if you can, the technology to make them fit and to be comfortable is just not available.

“CBM Ireland works with communities to try to put the necessary adaptations in place”

So, you may be wheelchair bound, in a village or a city where the roads are unpaved and the footpaths are just not there. You can't get about.

CBM Ireland works with communities to try to put the necessary adaptations in place. But we also work with the hospitals to help them have the best equipment and care possible in place in the event of illness or accident. But our work can only do so much. It is full of difficult – either/or – choices – do we spend

our money and resources helping someone who needs life-saving or life-changing surgery right now, or do we invest in the health-systems to be better in the longer term?

Answers

There is not really a right answer to this question. It depends on your outlook in life, your philosophy. Do good now, versus greater benefit deferred. A bird in the hand, two in the bush, as the adage goes.

When I arrived in A&E last week, I was triaged to determine if I was a priority for treatment. I was and someone else had to wait longer as a consequence. It is not so straightforward when talking about ending the cycle of poverty and disability. Getting the balance is much less scientific and more of a value-judgement.

Some organisations will prioritise the urgent, now, 100%. Others feel their best energies should go into working with the Ministry of Health to build more effective systems. At CBM Ireland, we try to find a balance between what we do and achieve today and what we hope we will be able to contribute to in the future.

For a child like Safiya who had cataracts, the wait for health-system change is just too long. At CBM, when we encounter a child in need of sight-restoring surgery, we have to be able to help. Children now shouldn't have to compete with the children of the future.

“At CBM Ireland, we try to find a balance between what we do and achieve today and what we hope we will be able to contribute to in the future”

Support

At the same time, we are starting a programme using new low-cost technology in Madagascar to train rural health workers to screen and identify children like Safiya when they are infants so they can receive the surgery they need as a baby.

The next generation of children in places like Madagascar will hopefully get to grow up with access to healthcare settings such as I benefitted from in the Mater Hospital. But the journey will not be easy. The Mater was founded by the Sisters of Mercy in 1852 “...to serve the greatest need in the city, somewhere the sick poor could go without having to know someone or pay money...” This

reflects the value and principles of CBM Ireland, a Christian organisation committed to ending the cycle of poverty and disability, albeit in a much-changed world.

200 years ago Catherine McAuley dared to dream. The Mater Hospital started from humble beginnings. But it had to start somewhere to become what it is today. The same dreams exist in Madagascar, in Zimbabwe, in Kenya. With support from Ireland, those dreams can become reality.

If you would like to support CBM Ireland's mission, whether through a donation now or a legacy gift in the future, please contact us by phone on 01 873 0300 or email us at info@cbm.ie.

❶ Dualta Roughneen is the CEO of CBM Ireland, an international disability rights organisation, committed to improving the quality of life of people with disabilities and those at risk of disability, in low-income regions of the world.

Donate at <https://www.cbm.ie/donate>

Read more at <http://www.cbm.ie/>



cbm
together we can do more



scan me



Leave a legacy of sight with a donation that lasts for generations. Call 01 873 0300 or email info@cbm.ie

Please support CBM Ireland's mission today by donating at www.cbm.ie/donate or call 1800 225 225



When Seán Graham's father Brendan experienced care in St Francis Hospice, he decided to leave a legacy in his will as a gift to support the hospice.



Scan the QR code to hear Seán explain how a legacy in your Will can help St Francis Hospice help our local community.



Any gift or legacy you can leave in your will is a gift to St Francis Hospice and is also a gift to your local community



By leaving a gift in your Will you will support the growth of St Francis Hospice Dublin into the future. A gift, of any size, is a gift to your community, which will make an impact for years to come.

Providing specialist palliative care, which brings comfort, dignity and holistic person-centred care to people who are faced with a life-limiting illness, is a privilege and we need the support of our community to ensure we can grow our services to meet the changing needs of those we serve.

Along with incredible community support, it was the vision and foresight of our founders 35 years ago that has brought us to where we are today. For that, we are so grateful.



If you would like to learn more about leaving a gift in your will to St Francis Hospice Dublin, please contact Eimear Kellett by e-mailing ekellett@sfh.ie or by calling 086 066 8675.

Ensuring we are always here for our
community when we are needed most.

Let that be your legacy



Making a will is the only way to ensure that your wishes are fulfilled. Once you have taken care of those that are important in your life, please consider St Francis Hospice when writing yours.

Visit **www.sfh.ie** to learn more.



Discover how Your Legacy can support Respond's mission to Build Homes and Improve Lives by including a Gift in Your Will

Ireland is facing a severe housing crisis, with more people than ever before experiencing homelessness. This has placed tremendous pressure on services across the country. Respond works tirelessly, with their statutory partners to provide affordable homes and essential community services, helping families and individuals in desperate need.

How your gift can make a difference:

By including a Gift in Your Will to Respond, you become a vital part of our mission. Your generosity helps us to continue delivering not only high quality homes but also vital services that provide support to people of all ages – from newborns to older adults.

A Legacy Rooted in Faith:

Respond was founded in Waterford in 1982 by Father Patrick Cogan (Order of the Friars Minor), with a purpose to provide meaningful solutions to housing insecurity and homelessness.

Since our inception, we have collaborated closely with religious orders to address the housing shortage, including the development of land and the repurposing of former religious buildings where feasible.

Our core values remain deeply rooted in the Franciscan spirit of peace-making, compassion, and community development. These values continue to guide us as we collaborate with religious orders across the country supporting them to preserve their legacy by repurposing buildings to provide homes

and essential services. For instance, St John's College in Waterford, a former seminary and training college, has been transformed into 57 social homes addressing specific housing needs, including age friendly housing. The site also hosts an onsite cafe, conference facilities and offices used by Respond and other local community groups. Additionally, two of our Family Homeless Services in Dublin are also based in former convent buildings. These projects ensure that the legacy of these sacred spaces lives on by serving those in need.

In 1983, Father Cogan opened Respond's first housing scheme in Larchville, Waterford. Since then, Respond has grown to become one of Ireland's leading Approved Housing Bodies, now providing over 7,700 homes to more than 17,000 people across all 26 counties working closely in partnership with local authorities, the Department of Housing, Local Government and Heritage and others. We are committed to offering high-quality homes in areas where people want to live, recognising that a secure home is fundamental to improving lives and enhancing health and well-being. Our vision is that every family and individual in Ireland will have access to high-quality housing within a vibrant and caring community.

Respond not only deliver quality homes but also works to improve lives by providing a range of services in the community, for families and individuals including:

- **6 Family Homeless Services** providing emergency 24/7 accommodation to **174 families** (240 adults and 250 children) in 2023. Families experiencing homelessness often need ongoing, wraparound support in relation to accessing long term housing, mental and physical health services, family or parenting support. Our Family Homeless services follow a trauma-informed approach.
- **3 Day Care Services for Older People** provide a social outlet, links to support services, meals and provided respite for 227 older people in 2023. These services support people to live independently in their homes and community for as long as possible.
- **15 Early Learning and School Aged Care (ELSAC) Services** which provided community-based affordable early years education and after school services for 507 children in 15 communities nationwide in 2023.
- **Family Support:** We have dedicated support staff who provide needs-led individual support, group programmes, and activities for families to promote social wellbeing and tenancy sustainment. These range from walking groups, parent and toddler groups, parenting support groups, and cookery classes.
- **Refugee Resettlement services** Respond actively works with families to support their integration into their new communities. Delivered through a Resettlement Support Worker and an Intercultural Worker.



Respond has a long legacy of providing high-quality housing in vibrant and caring communities, be a part of it with a Gift in your Will.



Why leave a gift in your will?

It is important to remember the housing crisis is about people, it's about families, children and older adults who are struggling. In July 2024, over 14,000 individual's, including many children, were living in emergency accommodation.

Tragically, some children are even being born into homelessness. Your support can help reduce the trauma they face and offer them a better start in life.

In 2023 alone, **35 new-born babies** and their parents were discharged from maternity hospitals directly into a Respond services. **Currently, 70 children under the age of one are residing in our homeless services.** A gift of any size will make a meaningful difference strengthening our ability to meet the growing

demands of the housing crisis. Your support can help us to continue to support families in crisis.

Our Early Learning and School Aged Care services are often located in areas of high socio-economic need, providing essential resources to those who need them most, including parenting support, funding for external trips and necessary supplies. As we see a growing number of neurodiverse children in our care, we are committed to offering personalised support in environments designed to be accessible and inclusive.

Our Day Care for Older People services are evolving to meet the growing needs of older people with dementia, who now make up 42 per cent of our service users. To further support these individuals we need additional resources to enhance

staff training, expand activities, and upgrade equipment, ensuring our services are more accessible and effective.

With many of our upcoming developments being large-scale, mixed tenure developments including both social and cost rental homes, expanding the scope of our Family Support team will be important to promote community wellbeing and integration helping to create vibrant and caring communities.

We rely on gifts from people like you to make a positive impact on communities nationwide. Legacy gifts ensure that Respond can adapt to increasing demands faced by our communities as a result of the housing crisis and help us to continue to provide housing and community services for generations to come.

Including a gift in your Will to Respond is very straightforward.

It is helpful to have the following information to hand when you are speaking with your solicitor

Our Registered Office Address: Airmount, Dominick Place, Waterford. X91 A397

Registered Charity Numbers: 20012625, CHY6629.

Cliona Maughan our dedicated Legacy Officer is here to help if you have any questions you can contact her confidentially at legacy@respond.ie or 087 355 6341





respond
building homes,
improving lives

Remember Respond in your will



Your legacy will ensure that future generations can access affordable homes and support services

Cliona Maughan our dedicated Legacy Officer is here to help if you have any questions. You can contact her confidentially at legacy@respond.ie or 087 355 6341.

Registered Charity Numbers: 20012625. CHY6629.



“I have witnessed with my own eyes incontrovertible evidence of hospitals being directly targeted in Gaza.”

Professor Nick Maynard



Professor Nick Maynard is a consultant gastrointestinal surgeon at Oxford University Hospital in England who has been visiting Gaza regularly since 2010. Working with Trócaire's partner organisation Medical Aid for Palestinians (MAP), Prof. Maynard has travelled to Gaza three times since the latest devastating war began last October, putting himself at great personal risk to volunteer his life-saving skills in the hospitals there and work side by side with the brave Palestinian medical staff. The official death toll in Gaza since 7th October stands at more than 40,000.

Following the horrifying events of October 7th, I was asked by MAP UK to lead the first UK Emergency Medical Team (EMT) into Gaza to provide humanitarian aid. We entered via Rafah on Christmas Day last year and worked at Al Aqsa Hospital in Deir al Balah in middle Gaza for two weeks. I struggle to find the words to describe the true horror of what I witnessed in Gaza. I spent most of my time operating on terrible explosive injuries involving the chest and the abdomen, but also some time in the Emergency Department.

Obstacles

Al Aqsa Hospital was operating at 3 to 4 times normal capacity, and together with relatives and other Gazans who had been displaced from the north and who had sought refuge in the hospital or grounds, there were nearly 10,000 people there, in a hospital designed for 150. It is impossible to describe the overcrowding - every square foot of the hospital was covered by patients and their relatives, some in beds, most on the ground. I saw appalling injuries, particularly terrible deep burns and multiple traumatic amputations in children, the like of which I would never have expected to see in any healthcare setting.

We had to operate with very

limited instruments, suture materials and dressings, there was often no pain relief and antibiotics, and the infective complications we saw were appalling. On some days there was no running water, so we had to “scrub” up using alcohol gel, and on many days, there were no sterile drapes to use whilst operating so we had to make our own from gowns and other materials.

“A week after we left Gaza the house where we were staying was directly targeted by an Israeli F16 aerial attack”

The number of casualties coming in at times was so high that the “triage” process broke down completely, and patients died due to a lack of triage and capacity to treat them - patients who would have survived in a health care system which had not been systematically targeted and dismantled. Our work at Al Aqsa Hospital was cut short by two days after a missile attack by the Israeli Army on the Intensive Care Unit.

We stayed in a building in Al Mawasi, west of Khan Younis. The land, air and sea attacks by the Israeli military were continuous, and it was impossible to sleep properly at night

because of noise from the aerial attacks, once being woken when we had eventually fallen asleep by a huge explosion barely 2km away and the house shaking. On several nights we were kept awake by ground machine gun fights less than 1 km away. A week after we left Gaza the house where we were staying was directly targeted by an Israeli F16 aerial attack - miraculously the MAP team that had replaced my team suffered only minor injuries.

Witness

I returned to Gaza with MAP in April and May of this year and spent a further two weeks at Al Aqsa Hospital. We saw the devastating effects of the malnutrition and famine in Gaza which is now leading to many deaths. This has a particular impact on patients recovering from trauma surgery with many complications developing. I treated many appalling infective complications of surgery, most of which were as a direct result of the severe malnutrition we saw. Two tragic cases illustrate the severity of the problem - Tala (16) and Lama (18) were two young women with shrapnel injuries. Both were very malnourished when they arrived at the hospital, both had laparotomies to repair the damage, both developed severe infective complications and bowel breakdown, and

both died under my care. They both had clearly survivable injuries, and in my view, malnutrition was a major contributor to their deaths. It is likely that malnutrition will lead to many thousands of “excess” deaths over the next few months.

“They were stripped naked, blindfolded and handcuffed with their hands behind their backs, and beaten daily throughout their incarceration”

I have witnessed with my own eyes incontrovertible evidence of hospitals being directly targeted, and healthcare workers being deliberately targeted and killed. Many healthcare workers have been abducted and tortured by the Israeli military, including two young healthcare workers with whom I worked and from whom I took detailed testimonies of their extreme daily torture. Sary is a young operating theatre nurse who was abducted, whilst evacuating from the Indonesian Hospital in December and imprisoned for 62 days. Haythem is a young doctor who was abducted from Nasser Medical Complex, whilst

evacuating in January and imprisoned for 51 days. Both described to me how they were stripped naked, blindfolded and handcuffed with their hands behind their backs, and beaten daily throughout their incarceration, often up to 12 hours each day. They were not allowed to lie down throughout their imprisonment, dogs were frequently set upon them, and both have permanent scars and disabilities resulting from their torture.

Loss

I left Gaza via the Rafah crossing on May 6th, surrounded by continuous bombardment by the Israeli air and ground forces - we were the last group to get out of Gaza before the Israeli army invaded the Rafah Crossing, and the crossing has remained closed since then, making ever more difficult the further entry and exit of any humanitarian aid or Emergency Medical Teams.

Friends I have made over many years have been killed, and most of the hospitals I have worked in over 14 years have been destroyed. Rebuilding the healthcare system in Gaza will take many years and with MAP I will be helping with this rebuild. We will need volunteers from all aspects of healthcare - all fields of medicine and nursing, physiotherapy, and other allied health professionals.



The work that Prof. Maynard describes at Al Aqsa Hospital was made possible by an incredibly generous legacy donation by one of Trócaire's donors.

To find out more about leaving a legacy gift and Trócaire's work visit www.trocaire.org

Trócaire
TOGETHER FOR A JUST WORLD

It's been said that if your name is held in the hearts of others, you will never truly die.

When you set aside a gift of any size in your Will to Trócaire, your good and generous name will never die.

Every year after your passing, we'll honour your name in gratitude and love at a special Remembrance Mass where all faiths are welcome.

We'll keep your name safe and warm in our Books of Remembrance, too, where all the people who've loved you can come to see it.

Simple bequests of any size by Will are some of the greatest,

most everlasting gifts of all made by caring people just like you across Ireland.

So whether you ultimately include Trócaire in your final legacy – *or another worthy cause* – we have a free and easy planner you can bring to your solicitor to get started. We're happy to post it to you, discreetly, and with our heartfelt thanks for your consideration and for being a faithful Irish Catholic reader.

For the relief your legacy will bring to people living in fear from poverty, injustice,

indifference, and exploitation worldwide, we believe that even though you pass on, your good name should never die.

Request your free and confidential legacy planner from Trócaire today. Then bring the planner to your family solicitor for an open and honest conversation.

We'll remember your name.

Trocaire
TOGETHER FOR A JUST WORLD

To request your free legacy planner now, including bequest wording and a simple 4-step worksheet you can share privately with your solicitor, ring Grace Kelly on 01 5053 221, or email grace.kelly@trocaire.org

Charity Regulatory Authority No. 20204842; Revenue Number CHY 22508



A LASTING LEGACY

30
BARRETSTOWN

Ensuring we can be here for future generations can be your legacy, by leaving a loving gift in your Will.

Without Paul Newman, Barretstown would not exist.

Without kind and caring supporters, Barretstown won't continue to exist.

Every sick child matters, and every gift left in a supporter's Will matters. Whether it is a modest sum of money, or a percentage of your estate, each gift will help bring magic into the lives of children living with cancer and other serious illnesses.

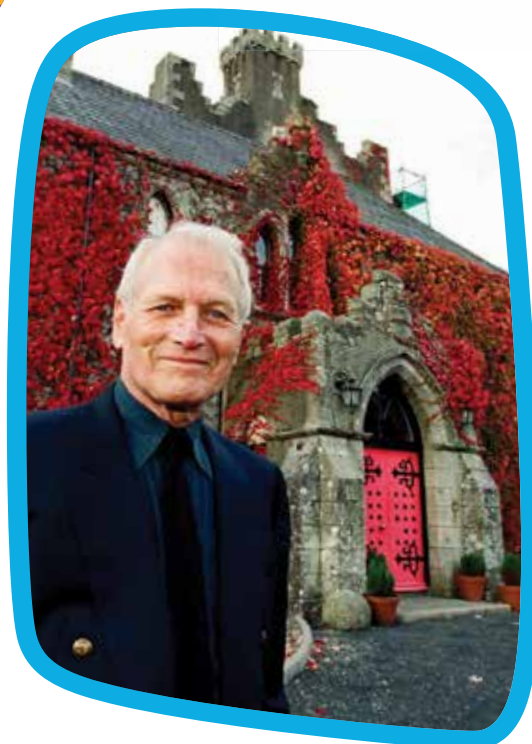
As we celebrate 30 incredible years of Barretstown, we remember and cherish our founder Paul Newman and the wonderful legacy he left for sick children and their families.

Paul had a vision: imagine if children living with serious illness had the chance to simply be children - to just have fun. So he started a camp where kids could in his words, "raise a little hell".

During our first year in 1994 we served 120 campers and last year we served almost 18,000 both at our site in Barretstown and through our outreach programmes in hospitals, schools and communities throughout Ireland.

And thanks to the support of readers like you, our ambitions continue as we develop our amazing site in Co. Kildare and constantly strive to reach more children living with serious illness.

Paul left a remarkable legacy and so can you. By remembering Barretstown in your will you can make sure that every child with serious illness can experience the magic of camp. Your care and compassion can live on through a life changing legacy gift.



"Barretstown is a miraculous world of wonder and magic. Where every tree, every stone, every bird, every building and every single person is there for one purpose. And that's to make sick kids lives better."

Paul Newman



Barretstown offers something that sick children like our Katie desperately need: therapeutic camps and programmes. There's a science behind it, a way they build children and families back up that happens without them even noticing. You can watch their self-esteem grow, and you can hear their laughter, literally. You see them shift from 'sick patient' to child at play. It's just magic. I recently learned that Barretstown receives gifts from people's Wills. They rely on these gifts to help be there for the children who will need their therapeutic programmes.

This is a great way to leave behind a positive mark on the world. What a wonderful legacy for future children who, like our Katie, will need the magic healing of Barretstown. If you can, please consider supporting Barretstown by leaving a gift in your Will.

Ciara Mooney,
Camper mum to Katie, age 8

LIKE TO LEAVE A LEGACY?

To find out more about leaving a gift to Barretstown in your Will and get your free brochure, contact **Clare** by emailing clare.martin@barretstown.org or calling **045 864 115**.



THE BEST OF HUMANITY

The best of humanity is felt at Barretstown camp. It is my humble honour and privilege to give it back and pay it forward to a camp that holds a piece of my heart and soul by leaving a legacy.

- Brenda Eng, Paediatric Oncology Nurse and Barretstown Volunteer who has kindly left a gift in her Will to Barretstown.



Childhood stops for seriously ill children.

At Barretstown
we **Press Play.**



Leave a gift in your will & help children living with serious illness.

Leave behind a little magic! Let your legacy bring magic to the lives of children living with serious illness. A gift in your will whether it is a large or small sum, or a percentage of your estate will make a lasting difference.

Barretstown offers free specifically designed camps and programmes for sick children and their families. When looking after your loved ones in your will you can also transform the lives of sick children for generations to come.

Your care and compassion for others can live on through a legacy gift. By remembering Barretstown in your will you can make sure that every child with serious illness can experience the magic of camp.

We can help you succeed in making this gift.

For more information, please contact Clare Martin on 045 864 115, email clare.martin@barretstown.org or fill out this slip and return by post to the address below.



Yes, please send me a free brochure ☐

Name: _____

Address: _____

County: _____ Eircode: _____



Post to Clare Martin, Barretstown Castle,
Ballymore Eustace, Co Kildare, W91 RDX6, Ireland

“Healing doesn’t just happen in hospitals and laughter may very well be the best medicine.”



Barretstown Founder,
Paul Newman

Registered Charity Number: 20027759

BARRETSTOWN
a seriousfun camp

A heart for the homeless

The story of Merchants Quay Ireland

It all started with two Franciscan friars and a cup of tea in 1969. Ireland's most beloved charity has spoken the language of the human heart ever since — here for the homeless and hungry for more than five decades, thanks to the caring donations of everyday people. This is the story of Merchants Quay Ireland (MQI).

It all started in 1969. Brother Salvador Kenney, the tailor who made the friary habits, and sacristan Brother Sebastian Tighe began serving tea and sandwiches to homeless men who took refuge in the church during the day.

A legacy of good

Soon, the Brothers moved the Tea Room to a converted garage at the back of the friary on Cook Street, but it still wasn't enough to keep up with the numbers coming through the door. It was the grace and good of the Irish people that supported this work, and helped to meet demand. 'It was a legacy in the late 1970s that started Merchants Quay's tradition of Sunday roast dinners for homeless people,' says CEO Eddie Mullins.

'There was a woman, her family owned a chicken processing company. She left a legacy of 100 chickens each week as part of a bequest in her Will. So to this day we serve a roast dinner on Sunday. The good she left behind really cascaded out and still continues today.'

Drugs invade Dublin

By the early 1980s the need for help became more diverse, as the European drugs explosion hit Ireland. There was already an informal support network around the friary, a lot of drug users who were HIV positive were coming in for help because they were excluded from treatment.

So, in 1989 the friars gave Father Sean Cassin two rooms at the front of the friary to set up as a counselling and drop-in centre. Demand was instant.

Merchants Quay

In 1991 the Merchants Quay Project started by Fr Cassin was granted charitable status, offering care and treatment to drug users and their families — and opening the country's first needle exchange. Prior to this point all help had been voluntary and there was no state funding. But it was time to formalise the response.

'This was the first time that people who suffered with an addiction had a safe place to turn to,' Eddie says. 'We had to meet the people of Dublin with grace and dignity. Only then could we really begin to help.'

An 800-year tradition

Said Brother Phili. "In a sense we've been doing this for 800 years — no one would ever be turned away." But the time had come for the friars to step away from the coalface and into a pastoral care level. "I'd see the young people waiting outside for breakfast, looking so desperate. The scene had changed. It needed professional people."

'Although the Friary and MQI are separate organisations', explains Br Gabriel, 'Our lives are intertwined. The connection of hope, hospitality and justice is as strong as ever.'

MQI Today

So, in 2001 the now full-fledged food service and the Merchants Quay Project were merged into one to become Merchants Quay Ireland.

Since then, MQI has grown to meet the needs of people all over Ireland. From residential drug rehabilitation programmes in High Park, Dublin, to St Francis Farm in Co. Carlow, and addiction support services in Cavan and Monaghan, the Midlands, Athlone and the East Coast. In the heart of Dublin, Riverbank Open Access Centre offers dignity and help without judgement; there are nutritious meals, hot showers and fresh clothes, a doctor and dentist and mental health support for people experiencing homelessness or addiction.

It's thanks to the donations and gifts left in the wills of caring, compassionate people that MQI continue to be here for Ireland's most vulnerable — to be sure no one is forgotten.

Your legacy, your gift

St Francis Farm detox and rehabilitation centre is where miracles grow, a chance to start life anew, offering a pathway to recovery. It was in the storm of a dark winter's night, that a mighty beech tree was felled by the winter. It had watched over the farm since it was a sapling. Like the lives that are saved at MQI, the beech tree was recovered. Now, clients on their new path spend time whittling the tree into wooden hearts. Each heart is made especially for people who include a legacy for MQI in their Will.

Your legacy of any amount can help to protect Ireland's loneliest souls, offering a second chance, a fresh start. Should you decide to leave a gift in your Will, we would like to pass on this gift to you.

To visit or learn more about MQI, or to request your free info pack on how to leave a gift in your Will to Merchants Quay Ireland, you are very welcome to ring Katie Hennessy on 01 524 0139. Or email katie.hennessy@mqi.ie. You can also find MQI online at www.mqi.ie.



"You might not have spoken to anyone all day. Then you come in here and have a chat over dinner, it really changes your mood. It's instant relief. You relax, you're not so guarded, you're calm for the first time all day. You can be yourself at last."

— Darren offers a warm welcome at Merchant's Quay Ireland

"Being homeless, I don't speak to anyone all day. But when I walk through the doors at Riverbank, I'm welcomed. I can have a chat, and a laugh, be myself at last..."

— Jim, Riverbank client

*Where there is hatred,
let me sow love,
Where there is injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light
And where there is sadness, joy*

— An Excerpt from the Prayer of St. Francis

How will you be remembered?



Merchants Quay Ireland
Homeless & Drugs Services

A hot meal. A helping hand. A fresh start.

With an ethos rooted in the 800-year-old Franciscan tradition of compassion and respect, MQI have kept our promise to care for Ireland's poorest and most forgotten since 1969. By leaving a gift in your Will large or small, you can make a tremendous difference to people's lives here in Ireland. And for your kindness, we will always remember you.

For more information about leaving a gift in your Will please call Katie Hennessy on 01 524 0139 or email katie.hennessy@mqi.ie.

"For it is in giving that we receive."

– St. Francis of Assisi

Let Your Compassion Live On...

THE
**Mater
Hospital**
FOUNDATION

CHY: 9768 | RCN: 20024505

Will you step back in time with me for a moment? I want to share the story of the Mater Hospital, and how it's been powered by kindness like yours right from the very start...

Put yourself in the crowd gathered on Eccles Street in Dublin, on a chilly late September morning in 1861.

It's the aftermath of the Famine...

...thousands of families fleeing the hunger have been forced into tenement slums.

...the death rate in Dublin is the highest in all of Europe.

But on this Tuesday morning, hope is in the air...

Because this is the day the Mater Hospital is opened.

And from the very beginning – despite having so little themselves – the Mater has been powered by the extraordinary kindness of the people of Ireland...

... by your great, great grandparents and mine.

You carry within you their same deeply-held values of compassion and concern and generosity passed down through generations of caring hearts like yours.

And it's in honour of that same spirit of kindness that has kept the Mater strong for so many decades that I feel I can ask you this question –



Would you consider making a gift to the Mater Hospital Foundation in your Will?

Choosing the people and causes you want to remember with a special gift is a matter for your heart alone.

And, of course, your family is your first concern.

But after your loved ones are taken care of, a gift of just 1% or 2% of your estate to the Mater Hospital Foundation would see your love and compassion – the most beautiful and essential parts of yourself – live on within our centuries-old walls for hundreds of years to come.

It's hard for us to imagine now just what the opening of the Mater Hospital meant to our great, great grandparents.

You see, before the Mater, there was hardly a person in Ireland with access to healthcare...

And if you were poor or catholic you had no chance.

Were you or your child to get sick, your chances of survival were thin. It was as simple and brutal as that.

And it was that very injustice that Sister Catherine McAuley made it her mission to fight all those years ago. The Mater threw its doors open to all. It would be a hospital for the people.

Our hospital. Yours and mine. And nobody suffering would be denied care, no matter what.

And although the modern Mater Hospital you visit today looks very different to how it did in 1861...

...There remains one constant.

Because it was generous, resilient, and principled people like yourself who gave what little money they had so their hospital could endure for their children and grandchildren...

... for you and me.



And it's kindness like yours that still powers our work to this day.

Sincerely yours,

James Sullivan

James Sullivan

Supporter Care Manager, Mater Hospital
Foundation 53-54 Eccles Street, Dublin 7



P.S. For more than 160 years... through famine, plague and war, kind hearts like yours have kept the Mater Hospital caring for Ireland's sick.

Would you like to learn more about the history of the Mater Hospital and how, with a gift in your Will, your love can live within our walls and wards for the next 100 years?

For your FREE copy of 'Saving Lives since 1861...' just fill out the slip on the next page, and I'll pop something special in the post for you.

Let Your Compassion Live On



A gift in your Will to the Mater Hospital Foundation is the promise of help, hope and healing for the next 100 years...



CHY: 9768 | RCN: 20024505

Want to learn about the history of the Mater Hospital and how you can consider leaving a gift in your Will?

For your FREE copy of 'Saving Lives Since 1861...' please contact James at jsullivan@materfoundation.ie, by phone at 01 830 3482 or fill out this slip and return by post to the address below.

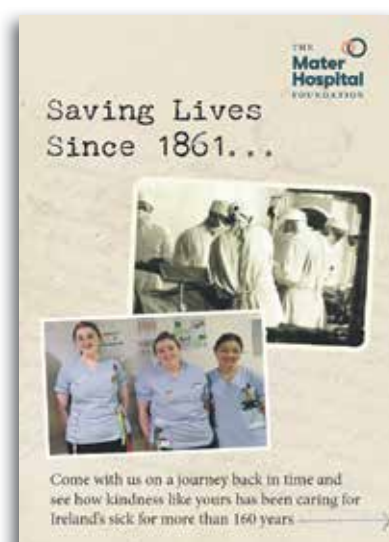
YES! Please send me a FREE copy of 'Saving Lives Since 1861...' ☐

Name: _____

Address: _____

County: _____ Eircode: _____

Post to James Sullivan, 53-54 Eccles Street, Dublin 7, D07 KH4C, Ireland



A gift in your Will to Threshold

The most meaningful decision you could make

Home.

It's where you feel most secure.
Where your loved ones and your memories are.
Where you can be most yourself.

But today, for thousands here in Ireland, the stark reality of their lives is homelessness, emergency accommodation or the awful looming threat that they are weeks, days or even hours away from losing their family's home.

At Threshold, we know the best way to solve the problem of homelessness is to ensure it doesn't happen in the first place. Because once a person or a family fall into homelessness, it's a frightening spiral that is incredibly difficult to break out of.

A gift in your Will, of any amount, can help people escape the horror of homelessness, and is a wonderful, inspiring, and important act.

Fr. Donal O'Mahony's home-saving legacy

Threshold, a charitable organisation dedicated to housing rights and homeless prevention, was established by Fr Donal O'Mahony in 1978. An activist, advocate, peace-maker and negotiator; for more than 30 years he was on the front-line of homeless prevention. He had a vision to improve housing rights for families and individuals, and he had the courage to make a very real difference. Most importantly, he gave a voice to tenants, something which had never been done in Ireland before.

Fr. O'Mahony was born in Cork. He joined the Capuchin Order in 1958 and travelled the world. Unable to remain a bystander to injustice, he fostered a role in peacebuilding throughout this post. As a gifted and natural mediator, he helped to prevent violence, and lives were saved. One example is seen through his work in Northern Ireland during the Troubles, where he promoted and facilitated dialogue between opposing paramilitaries, offering an alternative to the violence that was otherwise prevalent.

Fr. O'Mahony was appointed chaplain to Dublin's flat-dwellers by the Archbishop of Dublin in the 1970's. Throughout his work, the employment conditions of returned

emigrants and young people who had travelled to Dublin from other counties improved. He was sympathetic to the plight of those forced to live in squalor and sub-standard accommodation with no protection of tenancy. Fr O'Mahony knew that someone had to speak out for these young people.

He believed that just because someone had a roof over their head did not mean that they necessarily had a home. He was far ahead of his time in his approach to creating change, and redefined what homelessness was, in the broader definition in which we now understand it.

"A person may have an address and a door key but if they are living in overcrowded conditions, without basic facilities in unsanitary conditions, if they are cold because they cannot heat themselves, if they face eviction, if they are poor and can't reasonably afford rent, then it is only right to call that person homeless."

Fr. O'Mahony turned his focus to housing justice, and through setting up Threshold, he put homelessness prevention firmly on the political map. It is thanks to him that in Ireland today, Threshold is still working to end homelessness, in all its forms.

A legacy still going strong

Although he passed away in 2010, a significant legacy was left by Fr O'Mahony on the housing sector in Ireland. Thanks to the generosity of our donors, Threshold has continued with his work and pioneering ethos, expanding to serve the needs of communities all over Ireland.

We are still fighting for the most vulnerable; to improve standards in rented accommodation and ultimately helping to protect families from the nightmare of homelessness.

Threshold has offices in Dublin, Cork, Galway and Limerick, as well as outreach clinics across the country. When a person gets in touch with us, a specialised Housing Advisor gets to work - offering sound and practical advice, negotiating and mediating with landlords; representing the person or family; finding ways for them to pay their rent and

keep their home; helping them find an alternative home when needed and bringing sensible, cost-effective solutions to government.

We are there to help all renters, be it students, families, individuals, or retired. We act as a listening ear, with the kindness, compassion and knowledge to help every person who needs help.

The power of a gift in your Will for people like Tommy

"The landlord, he's selling up - he wants me out in two weeks"

Tommy, a lovely man in his 80s, clutched the envelope that caused his world to collapse. When he met our Housing Advisor, Tommy looked exhausted. His hands were shaking. This was the home he'd lived in for nearly 30 years. Where his children grew up. Where his dear wife, Marian, had died. It was home.

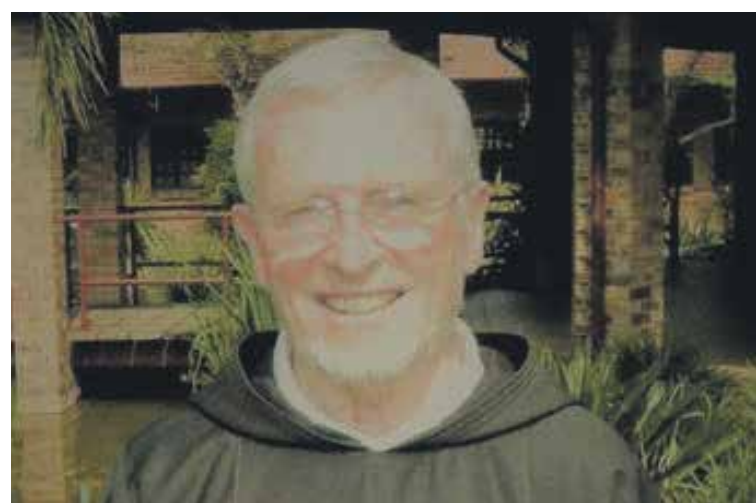
The kindness of people like you ensured we were there to help Tommy when his landlord issued him an eviction notice. As an Irish Catholic reader, I know you understand how important a home is. Because your strong faith means that you care about people like Tommy.

For thousands here in Ireland like Tommy, the stark reality of their lives is homelessness, emergency accommodation or the awful looming threat that they are weeks, days or even hours away from losing their family's home.

But you can change that, and ensure your compassion and values continue to keep people in their homes with a gift in your Will. You can make a lasting gift to Threshold... one that will reflect your care.

A gift in your Will to Threshold, of any amount, large or small, is one of the most moving and powerful things you can do. It means you can be sure your wishes, your caring, continues.

And it's very easy to do! You can even use the free and discounted services on Wills offered through our partnership with Law Online. You can find more information on our website, at www.threshold.ie/leave-a-gift-in-your-will/



If you would like to discuss your Will further, or if you enjoyed learning about the life of Fr. Donal O'Mahony and would like to know more, please call 01 6353 629, send a message to catherine.murray@threshold.ie or write to us at Threshold, First Floor 25-28 Strand Street Great, Dublin 1 D01 XP04. You can also find out more about our work at www.threshold.ie.


Threshold
preventing homelessness



**A gift in your Will can secure homes for generations.
Including Threshold is a meaningful way to support those
at risk of homelessness.**

To find out more information on how to include Threshold in your Will,
please email catherine.murray@threshold.ie or call **01 6353 629**.

*We would like to thank the Irish Catholic readers who kindly donate to us to help those
at risk of homelessness. Your support means everything.*

Ireland's Hidden Heartbroken

and how you can help...



Every day in Ireland, around 80 people die. That means that today, 800 of us will feel the raw, unbearable pain of fresh grief. But thanks to Irish Hospice Foundation's Bereavement Support Line, when a person is drowning in grief and feels unable to speak to anyone else, a listening ear is waiting for them...

"Hello?" says the nervous voice at the end of the line. Gerard, not his real name, has been struggling with his overwhelming grief since losing his wife. He says he can't talk to his family because he can't bear to upset them.

That's something the volunteers on our Bereavement Support Line hear often – that the caller worries their grief will upset the people they love. And so, like Gerard, they turn it inside and suffer alone.

But when they turn to our Bereavement Support Line (BSL), a kind, caring person is here at the end of the phone ready to listen. Ready to shoulder just a little of the grief Gerard is carrying, if only for half an hour or so.

Words of comfort

Gerard and his wife met as teenagers and were together for over 60 years – "She was the love of my life," he says, his voice cracking as he breaks down into silent sobs.

Our volunteer reassures him that it's normal and healthy to cry. She also suggests 'making an appointment with grief', time to let yourself feel the pain to avoid being overwhelmed in daily life. It's part of the training all our volunteers receive.

'You could hear his heartbreak'

Eric, a BSL grief-trained volunteer says, "there's a palpable loneliness in some callers. I spoke to a man who'd lost his wife. You could hear his heartbreak. He kept saying, I miss her so much."

"We're not counsellors, but what we're doing is like emotional first aid. That's how I think of it. That's what we're here for, to apply that first aid."

Eric, BSL volunteer



Eric describes what they do as 'emotional first aid'. He knows what the service means to people lost in grief – "It makes a huge difference to people. We know that because they tell us so."

Often, it's men who find it hardest to talk about loss. Male callers still represent less than a quarter of calls.

But men who do call, like Gerard, often feel a weight is lifted.

When there is no one else...

Last year, more than 1,200 people – mothers and fathers, sons and daughters, husbands and wives, and also friends and colleagues – picked up the phone and called the Bereavement Support Line.

Many told us **they had no one else to talk to about the grief that weighed so heavy in their hearts.**

By including a gift in your Will to Irish Hospice Foundation you can help us safeguard our Bereavement Support Line for the future so we can make sure there will be a caring person at the end of the phone ready to listen.

A gift of any amount in your Will to Irish Hospice Foundation could be the easiest and most meaningful one you will ever make. By remembering us in your Will, you can help us make long-term plans in support of end-of-life and bereavement care across Ireland, including our Nurses for Night Care Service and Bereavement Support Line. On behalf of those facing death and grief, thank you for your consideration.

To find out more about including a gift in your Will to Irish Hospice Foundation, please contact Anna Sadlier on 01 679 3188 or email: anna.sadlier@hospicefoundation.ie

Please cut out and keep or pass on to someone who is struggling



Irish Hospice Foundation
Bereavement Support Line
1800 80 70 77

Freephone
Mon - Fri
10am - 1pm



Irish Hospice Foundation

To die and grieve well wherever the place

hospicefoundation.ie

Registered Charity Number: 20013554

Misean Cara at 20: Looking Back at 20 Years of Support to Ireland's Missionary Development Organisations

Five years ago, Beauty Nanyangwe, a single guardian to her two young nephews, was struggling to support her small family with the meagre income she earned from poorly-paid piecework. When the Sisters of the Sacred Hearts of Jesus and Mary offered a 'Households in Distress' project in her area to train women in farming as a business, she quickly enrolled.

The classes taught Beauty how to efficiently and sustainably farm a variety of crops such as beans, maize, ground nuts and sweet potatoes. Over the past few years, Beauty's hard work has earned her success through her farming ventures, making it possible for her to build a new, iron-roofed house for her family and invest in oxen and a plough to boost the productivity of her new banana orchard. She also leases the animals and equipment to other local farmers, for extra income. "I really thank Misean Cara and the SSHJM – HID programme for changing my life," says Beauty. "In the past, I could only eat one meal a day, but can now eat three."

Since 2004, Misean Cara

has helped Irish missionary organisations like the Sisters of the Sacred Hearts of Jesus and Mary to bring services and projects like these to the poorest, most marginalised people in developing countries, transforming lives out of poverty and into secure, healthy futures.

Celebrating 20 years of support to Ireland's Missionaries

2024 marks an important milestone for Misean Cara as it celebrates the 20th anniversary of its founding. Originally established to provide grant funds to individual missionaries overseas, Misean Cara has grown over the years to a network of 77 member organisations working in over 50 countries.

Funded primarily through the Ireland's Irish Aid Programme, Misean Cara provides dedicated funding to missionary development organisations and also works with them to build the skills and capacity of their organisations and staff.

Last year, Misean Cara provided support to 321 projects

in 52 countries implemented by 52 member organisations. These projects helped transform the lives of nearly 1.9m people across the world by upholding the right to climate resilient livelihoods and decent jobs, quality education, better health, human rights and support during emergencies.

Over the past century, the extraordinary work of Ireland's missionaries has been acknowledged both at home and abroad as having greatly contributed to local and international development. During an address in Kenya in 2001, President of Ireland Mary McAleese remarked "Centuries before a free and independent Irish nation sent her first ambassadors around the world, we were privileged to have the best unpaid ambassadors in our Irish missionaries."

Moving into the Future of Missionary Development

One undeniable factor affecting missionary development work today is the fact that the numbers of missionar-

ies coming from Ireland is in rapid decline. So, what does this mean for the Irish missionary model, and the future role of Misean Cara?

In the place of Irish-born missionaries, thousands of local missionaries in Africa, Asia, and Latin America are now training to take on the leadership of the projects in their countries, carrying on the charisma and tradition of Irish missionary work, and poised to take over the leadership and management of development projects serving vulnerable communities.

The majority of existing Irish missionary organisations will retain a presence in the countries where they operate, with the focus on locally led development. Misean Cara will continue to support the international development work of the Irish missionary organisations and is committed to working with a new cohort of missionaries from the global south.

To learn more about Misean Cara, the Irish missionary tradition, and how you can support the continued legacy and impact of Irish missionary development overseas, visit Misean Cara's website at: www.miseancara.ie/legacy/



Beauty Nanyangwe of Zambia, shows off beans harvested at her family farm, where she grows crops to feed her family and sell for profit to fund her other farming and business ventures. Beauty took part in the Households in Distress project run by the Sisters of the Sacred Hearts of Jesus and Mary, funded by Misean Cara.



In 2024, Misean Cara celebrates 20 years of support to Irish missionary organisations.

Be a part of the legacy by leaving a gift in your will to help ensure that we can support their life-transforming work overseas for years to come.



Visit us at
www.miseancara.ie/Legacy
to learn more.

Will you include a gift in your Will to LauraLynn, Ireland's Children's Hospice?



LauraLynn is Ireland's only Children's Hospice, providing hospice, palliative care and support for children with life-limiting conditions and their families from across Ireland.

Looking after a child with palliative care needs is one of the most challenging things a family can face. Beyond the physical challenges and medical needs of their child, the family and extended family are often dealing with the emotional impact that the child's condition can have on them. LauraLynn's approach is all-inclusive, ensuring that while they care for the child, they are also there to

fully support all family members on this path.

Caring for the child and supporting the whole family is at the heart of what LauraLynn does, the supports it provides include symptom management, planned short breaks and end-of-life care for children with palliative care needs. LauraLynn makes sure families have the support they need at all stages of their journey. LauraLynn also provide therapeutic supports and bereavement care.

At LauraLynn, all of these services are provided free of charge to each family.

Care can be received in Laura-

Lynn's purpose-built hospice in Dublin, at hospital, in the community, or in the family home, depending on the child and family's preference, where they live and the specific medical needs of the child.

LauraLynn volunteer, Paul, was inspired to find his Mum had left a legacy to LauraLynn in her Will "When I started volunteering at LauraLynn, mum was inspired by the story of LauraLynn and the work that happens there. For many families LauraLynn is the light at the end of the tunnel and Mum could relate to this. When she lost my dad, she didn't know

where to turn and find her light either. Because of this mum chose to leave a gift in her Will to LauraLynn and she would be so happy to know the impact it's having on someone else's life and that her legacy lives on."

LauraLynn's holistic approach to care ensures the whole family are supported, enabling patients to be children and parents to have time to be Mums and Dads rather than full-time carers.

Ruth Rowan Special Gifts Manager at LauraLynn commented "Making your Will is one of the most personal and inspiring decisions you will ever make. It's a

reflection of your life and values; the people that matter to you and what you want to live on for future generations. Remembering LauraLynn with a gift of any size is a wonderful way for you to care for children with life-limiting conditions beyond your lifetime.

Your caring nature, your deep love for children, and your compassion for families who are going through the toughest journey of their lives. These are the qualities I believe all those that support LauraLynn share. By including LauraLynn in your Will, you are ensuring that these qualities are never forgotten, even after you have gone."

Help ensure children with life-limiting conditions and their families continue to get care and support in the future.



If you would like to find out more and talk with someone in confidence about a gift in your Will please call **Ruth Rowan, Special Gifts Manager at LauraLynn** on 01 289 3151 or email rrowan@lauralynn.ie.

For more information see <https://www.lauralynn.ie/how-to-help/gift-in-will>



LauraLynn
IRELAND'S CHILDREN'S HOSPICE



If you would like to learn more
visit www.lauralynn.ie or
email rrowan@lauralynn.ie

Will you include a gift in your Will?

Remember LauraLynn in your Will and help us
continue to care and support children with
life-limiting conditions and their
families.



LauraLynn
IRELAND'S CHILDREN'S HOSPICE

**YOUR LAST GIFT MEANS WE
ARE ALWAYS FIRST THERE**

GOAL

goal.ie/GiftInWill

email: cpollard@goal.ie

or Phone: 01-2809779



**A GIFT IN YOUR WILL TO GOAL MEANS WE CAN BE
FIRST THERE WHEN CONFLICT AND CRISIS HAPPEN**

Your precious and lasting legacy

Leaving a gift in your Will to Our Lady's Hospice & Care Services, Harold's Cross, Blackrock and Wicklow, can provide care for this generation and the next.

Our specialist palliative care teams working from our hospices in Harold's Cross, Blackrock and Wicklow, and increasingly within people's own homes, bring comfort, professional support and quality of life to thousands of patients and their families every year.

As a charitable organisation we are determined to be there for as many people as possible to bring peace of mind, comfort, reassurance and dignity to all making the most of their final years. With your support, we hope to be able to do so for many years to come.

To find out more about Our Lady's Hospice & Care Services or to discuss the steps involved in leaving a gift of any size, please contact us in complete confidence, and with no obligation.

Thank you.

Susie Cunningham
Senior Manager - Partnership & Philanthropy
Our Lady's Hospice & Care Services
Tel: (01) 491 1072 Email: scunningham@olh.ie
Find us on [f](#) [in](#) [t](#) [v](#) Visit: Olh.ie/legacy

Our
Lady's
Hospice
& Care
Services

Respite Harold's Cross
Rehabilitation Blackrock
Reassurance Wicklow



Missionaries
of the
Sacred Heart
MSC MISSIONS



For more information on
the trip and fundraising

Please call Mary at
021-454-6691
or email mary.morrish@mscmissions.ie

Visit:
[www.mscmissions
.ie/camino-
fundraising-event](http://www.mscmissions.ie/camino-fundraising-event)

Date: 29th July - 5th
August 2024

**Journey with us as we take on the Camino
Inglés through Spain's Galician region and help
us raise funds to support the MSC Missions**



The New Evangelisation Trust



*Handing down the greatest gift to the
next generation... the gift of faith*

We place bequests and donations where they are needed most,
helping the most promising projects to spread the Catholic faith in Ireland.
We're fully tax deductible and our 'zero overheads policy' means 100% of
your donation goes towards real projects on the ground.

www.thenewevangelisationtrust.ie | info@thenewevangelisationtrust.ie
4 Aran Centre, Blessington, Co Wicklow. Endorsed by Cardinal Brady.

SOME OF THE INITIATIVES WE HAVE SUPPORTED:



Net Ministries



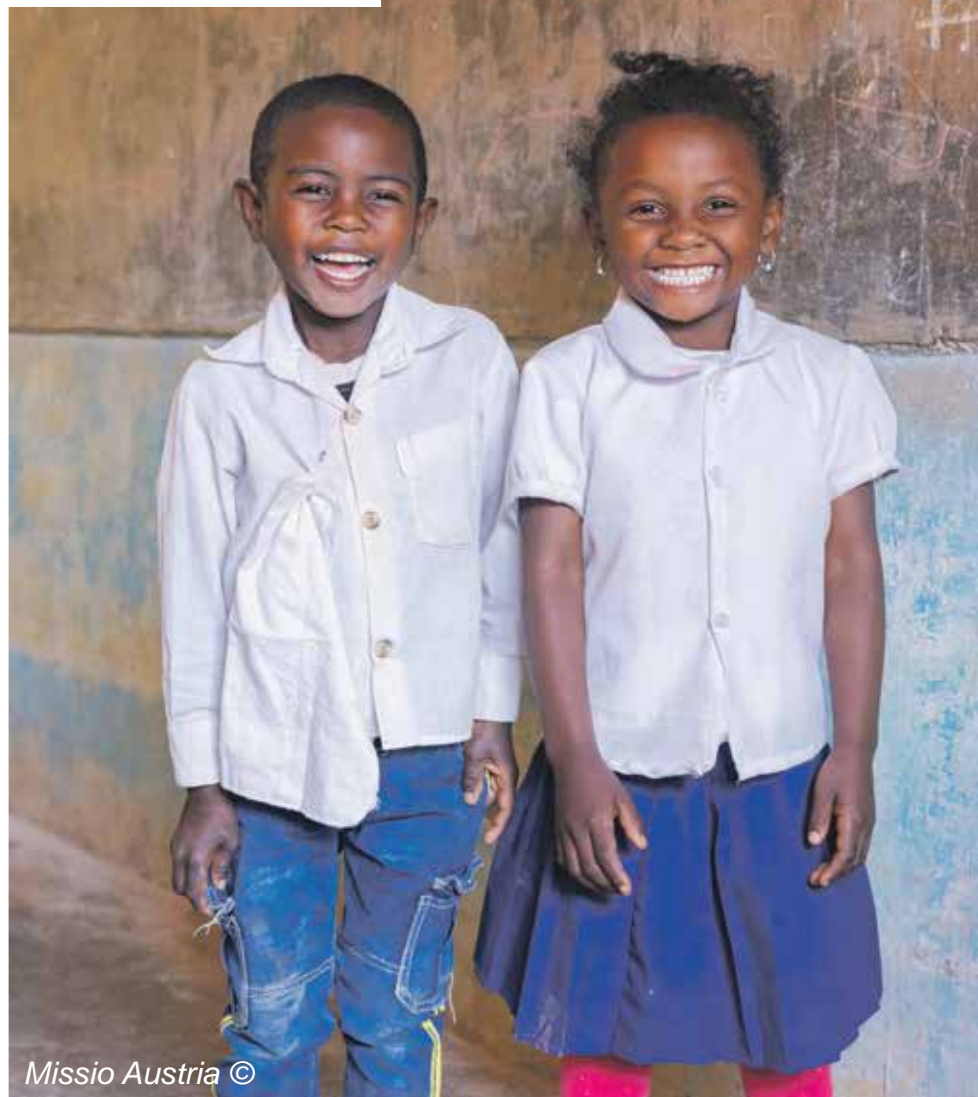
Youth 2000



Nightfever



Derry Youth Community



Missio Austria ©

Have you ever thought about the future of your church?

By remembering Missio Ireland in your will, you will help with the construction and renovation of churches, presbyteries and convents. You will help train future priests, sisters and catechists. You will give hope to the world's poorest children.

You will leave a legacy of hope for all God's people.

Missio Ireland is the Holy Fathers's official charity for overseas mission. We promote and support the life giving work of our overseas missions.

For more information of how you can remember the fearless work of missionaries in your will, please contact our office at **01 497 2035** or visit our website **www.missio.ie**

64 Lower Rathmines Road Dublin 6 D06N2H1 | CHY 22544
National Director Fr Michael Kelly SPS

CRA no. 20205153

Leave a Lasting Legacy to Rehab Group: Empower others through your will



Leave a lasting legacy by leaving a gift in your will to Rehab Group. Your gift will empower individuals to gain independence, pursue opportunities, actively participate in society and live fulfilling lives of their choosing. Transform lives and create a brighter future with your generosity.

To learn more about the difference your legacy will make.

Call: (01) 2057200

Email: fundraising@rehab.ie



For further enquiries contact:

Fundraising Department
Rehab Group Head Office
10D Beckett Way, Park West Business Park, Dublin D12 K276
Charity number: CHY 4940
Registered Charity Number (RCN): 20006716

Leave a Legacy of Hope

Pupils in Makululu, Zambia, receiving fruit trees for planting during Laudato Si' week.



Refugees studying Sustainable Agriculture at Kakuma Refugee Camp, Kenya.



Thank you

For many people, writing their Will gives peace of mind and allows them to care for those they love when they are gone from this world.

After you've taken care of your family, friends, and loved ones, would you consider including a gift to support the work of the Salesians of Don Bosco?

Gifts in Wills, both large and small, have been a hugely important source of support for Salesian work over the years. They have enabled us to work directly with youth in need in Ireland and internationally, as well as being able to support the training of young men in their callings as members of the Salesian Congregation.

Every day, Salesians serve thousands of vulnerable and marginalised young people around the world, including those who have been trafficked and those living on the streets. Salesian work occurs in over 130 countries worldwide, in parishes, schools, universities, clinics, refugee camps, and youth centres. Salesians carry out their work as part of the global mission of the Catholic Church and in the spirit of our founder Don Bosco. They are immersed in the communities which they serve, and so are ideally placed to respond to the needs around them. In supporting the work of the Salesians of

Don Bosco, you can be assured that your gift will bring hope and make a real difference.

As the Salesian province in Ireland, we work through our development/mission office known as Salesian Missions Ireland/Don Bosco Aid. **By naming Salesian Missions Ireland/Don Bosco Aid in your Will, you can help to build a brighter future for those in need, and we will ensure that your legacy gift is allocated in line with your instructions.**

Should you make the very generous decision to do so, your solicitor will guide you through the process, using the information below.

Address: Salesian Missions Ireland /Don Bosco Aid, Salesian Provincial House, 45 St Teresa's Road, Crumlin, Dublin, Ireland, D12 XK52

Registered Charity Number: 20006518

Registered Revenue Number: CHY 4862

For more information, feel free to contact us: DBA Office, Salesian Provincial House, 45 St Teresa's Road, Crumlin, Dublin D12 XK52, or (01) 465 0717 / dba@salesiansireland.ie. You can also find out more about our work at www.salesiansireland.ie.

41 | Your Faith

The light and beauty of the heavenly presence



Lourdes has always been a place of prayer and healing in my family, especially during times of suffering and illness. My journey with Lourdes began in childhood, inspired by books and the 1943 film *The Song of Bernadette*, which my parents brought back after a diocesan pilgrimage to this Marian shrine. I was captivated by the life and example of St Bernadette, her simplicity, her humility and her single-hearted



St Bernadette gives hope to young people facing the challenge of discerning their future, says Fr Barry White

devotion to God. In September 2013, as a seminarian, while on the annual pilgrimage with the Diocese of Meath, I prayed at the

grotto at Lourdes for the grace to discern my call to priesthood. That prayer was answered on July 17, 2022, when I was ordained a

priest. A year later, in July 2023, I returned to Lourdes on a pilgrimage of thanksgiving, offering Masses in gratitude for the gift of priesthood. For many young people, either in secondary school or college, on diocesan pilgrimages from Ireland, Lourdes offers them the opportunity to assist the sick and disabled along with spending time in prayer at the Grotto or participate in liturgies.

St Bernadette Soubirous, born in 1844, in Boly Mill, Lourdes,

exemplifies humility, faith, and perseverance. Despite her impoverished background, Bernadette's spiritual experiences profoundly transformed Lourdes and the Catholic world. Her family struggled financially, and by 1856, they were forced to live in a former prison, the 'cachot'. Bernadette's health was poor. Ahe contracted plague in 1855, suffered from severe asthma, and later tuberculosis, which claimed her life at 35. Yet, even in these